



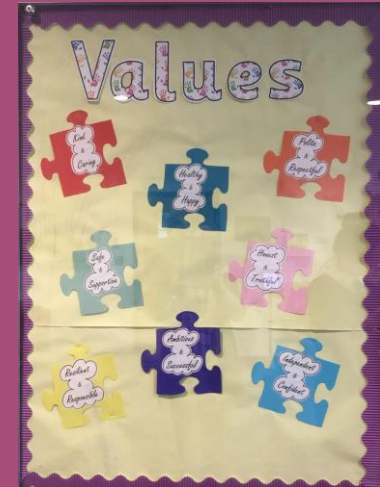
BRYNMELENYN PRIMARY SCHOOL

Newsletter - November 7th 2025



OUR SCHOOL VISION

Brynmenyn Primary School is committed to creating lifelong learners who take responsibility for themselves and their actions, showing resilience and perseverance in the face of all challenges. We strive to instil confidence, passion and ambition across the school community in order for everyone to pursue their dreams, achieve their best and realise their potential. Through kindness, respect and friendship, we support and challenge each other and celebrate the individuality and uniqueness of all learners, families, staff and communities.



ONLINE SAFETY LEARNING EVENT - AGENDA

- We are excited to invite you to our upcoming 'Online Safety Learning Event'. This is the second time we are holding the event and the first one was exceptionally well received.
- The event aims to encourage thinking around child development and their common use of social media, mobile apps and device habits, whilst highlighting the increasing risks posed to children by the online and digital world.

Here are the details:

Date: Thursday 13th November

Time: 2.30 pm

Location: Brynmenyn Primary School

ONLINE SAFETY LEARNING EVENT - AGENDA

The parent/carer online safety learning session will cover:

- Mobile apps children are commonly using.
- Mobile apps to be aware of and those that pose risks.
- Mobile app age-restriction settings.
- Are children ready for social media and over-aged apps (consequences, responsibilities, digital footprint)?
- The risks of under-aged children using social media and video games
- The concerns for Bridgend children who are engaged in inappropriate online behaviour.
- How to report and remove harmful content.
- Family agreements for our devices and our time spent online.

The workshop is very useful for parents and a real eye opener. You will be very pleased you attended! To book a place for this event, please click the link below

<https://forms.gle/sD1PBPNugSMMtiuN6>

PTFA CHRISTMAS FAYRE – FRIDAY 5TH DECEMBER 2-4PM

- We are in the process of planning our Christmas Fayre. If you or anybody you know would like a stall at the fayre please contact admin@brynmenynps.bridgend.cymru to book a table. Tables cost £15.
- If you are able to help us with the preparation and planning or on the day itself, please get in touch 😊

CHRISTMAS HAMPER DONATIONS

- We are asking kindly for any donations towards our Christmas Hampers.
- We are allocating items per year group to help us create mixed prizes for the raffle.
- Nursery – Christmas pudding
- Reception – Sweet biscuits
- Year 1 – Crisps
- Year 2 – Savoury crackers
- Year 3 – Non-alcoholic drinks
- Year 4 – Chocolates
- Year 5 – Sweets
- Year 6 – Mince pies



HEALTH & SAFETY INFORMATION - SCABIES

- We have had a few cases of scabies in school.
- Scabies is an itchy rash caused by mites. It's spread through close skin contact, and anyone can get it. It should be treated quickly to stop it spreading.
- Symptoms of scabies
- The symptoms of scabies are:
 - intense itching, especially at night
 - a raised rash or spots. The spots may look red. They are more difficult to see on brown or black skin, but you should be able to feel them.

NHS Link - [Scabies - NHS](#)

CONSIDERATE PARKING



- We all know how busy drop off and pick up times can be. We can also imagine how that would impact on our neighbours and local residents.
- When parking nearby to drop off or pick up, we request that consideration is made for our local residents.
- Please avoid parking on other people's driveways or parking spaces.
- Ty Ynysawdre must not be used as it impacts on emergency vehicles getting access. This is essential to keep the residents safe.

NO TOYS/TRINKETS



- When toys/trinkets are brought in to school they become a distraction. Either distracting children from their work or causing an argument between friends.
- Please support us by reminding your child that toys/trinkets are not to be brought to school and are best left at home where they are safe.

THE NEW YEAR 2025-26 - DATES

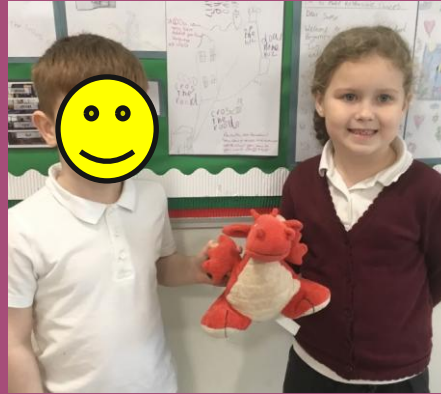
- Please see the dates for 2025-26.
- Although we do our very best to stick to these dates, they are subject to change when things are out of our control.
- **NEW INSET DATE ADDED**
- There is one more INSET dates still to be allocated.

Brynmenyn Primary School - Academic Year 2025-26							
TERM DATES							
Autumn 1	Monday 1st September - Friday 24th October						
Half term	Monday 27th October - Friday 31st October						
Autumn 2	Monday 3rd November - Friday 19th December						
Spring 1	Monday 5th January - Friday 13th February						
Half term	Monday 16th - Friday 20th February						
Spring 2	Monday 23rd February - Friday 27th March						
Easter hols	Monday 30th March - Friday 10th April						
Summer 1	Monday 13th April - Friday 22nd May						
Half term	Monday 25th - Friday 29th May						
Summer 2	Monday 1st June - Monday 20th July						
INSET DAYS							
Monday 1st Sept	Monday 5th January	Friday 24th October					
Monday 23rd February	TBC	Monday 20th July					
PARENTS EVENINGS							
Meet & Greet (3pm on selected dates)	Year 2 - 10/9/25 Year 1 - 11/9/25 Year 6 - 12/9/25 Year 3 - 15/9/25 Year 4 - 16/9/25 Reception - 17/9/25 Year 5 - 18/9/25						
Autumn Term Booking form will be sent out	Tuesday 14th & Wednesday 15th October						
Spring Term Booking form will be sent out	Tuesday 3rd & Wednesday 4th February						
<p>PLEASE BE AWARE THAT THESE DATES MAY BE SUBJECT TO CHANGE. WE WILL ALWAYS ENDEAVOUR TO GIVE AS MUCH NOTICE AS POSSIBLE FOR ANY CHANGES.</p>							
SPORTS DAY <i>All classes on the same day</i>							
Option 1	Wednesday 6th May	9:30-10:30 Years 3 & 4					
Option 2	Thursday 7th May	10:45 - 11:45 Years 5 & 6					
Option 3	Tuesday 8th May	1:15 - 2:15 Years 1 & 2 2:30-3:15 Nursery & Reception					
NATIONAL PERSONALISED ASSESSMENTS (YEARS 2-6)							
10th - 21st November				11th - 22nd May			
CHRISTMAS CONCERTS							
Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Thurs. 11th December - 2pm	Mon. 8th December - 2pm	Tues. 9th December - 2pm	Weds 10th December - 2pm	Tues. 9th December - 10am	Weds 10th December - 10am	Friday 12th December - 10am	Thurs. 11th December - 10am

ATTENDANCE



Every Friday we recognise the class with the highest attendance during our celebration assembly. We are continuing to promote the BCBC message of 'Miss School, Miss Out'. Next term we will be sharing the attendance of every class each week.



This week our attendance winners are the Dragonflies Class, Miss Michael, Mr Herbert & Mr Alexander with a perfect attendance of 100%

If your child is absent from school, you must inform us before 9:30am or it is recorded as unauthorised. Without this information we are obliged to contact the Education Welfare Officer.

MISS SCHOOL MISS OUT!

"Attending school every day is important for our learning, wellbeing, achievement, and overall development"

Research shows that missing out on just 17 days of school will cause a drop in grade across all subjects at GCSE level. The higher your school attendance rate, the higher you will achieve.

#attendtoachieve

www.bridgend.gov.uk/residents/schools-and-education/school-attendance/

ONGOING ATTENDANCE

- As part of our monitoring systems, we track attendance regularly. The table opposite shows you the weekly attendance of your child's class and the ongoing attendance since September, in alphabetical order.
- You can also see the totals for all classes on a weekly basis and since the start of the term.
- We really need your support to get our attendance up to where it needs to be – 94% and above.

CLASS	WEEKLY	SINCE SEPTEMBER
Ants	91.4	93.4
Bats	96.0	91.4
Bees	90.6	85.4
Butterflies	91.9	91.6
Caterpillars	95.4	88.9
Centipedes	94.0	93.2
Dragonflies	100	95.0
Falcons	95.0	94.3
Foxes	90.5	90.0
Harriers	91.5	90.7
Hawks	92.4	90.8
Hedgehogs	93.8	92.8
Kestrels	92.1	93.0
Ladybirds	98.0	98.4
Millipedes	94.7	97.0
Owls	94.2	92.9
School total	93.8	92.4

DATES FOR YOUR DIARY – AUTUMN TERM 2025 - NOVEMBER

This page will be regularly updated with new dates for events/trips/visits etc.

Keep an eye out for new dates added.

For now, we are sharing the annual dates for 2025-26.

Date	Event
10/11/25	National Testing fortnight – Week 1 (Y2 – Y6)
12/11/25	Parent Group – 9-10:30
13/11/25	Internet Safety – Mat Jones BCBC @2:30pm
14/11/25	PTFA Meeting @ 2:30pm
17/11/25	National Testing fortnight - Week 2 (Y2 – Y6)
19/11/25	Parent Group – 9-10:30
21/11/25	Y5 Trip – Following the River
21/11/25	Y1 – Library visit
26/11/25	Parent Group – 9-10:30
28/11/25	Y6 visitor – Chris Elmore

DATES FOR YOUR DIARY – AUTUMN TERM 2025 - DECEMBER

This page will be regularly updated with new dates for events/trips/visits etc.

Keep an eye out for new dates added.

For now, we are sharing the annual dates for 2025-26.

Date	Event
3/12/25	Parent Group – 9-10:30
5/12/25	Christmas Fayre @2-4pm
8/12/25	Christmas Concert Week
8/12/25	2pm – Reception Concert
9/12/25	10am – Year 3 Concert / 2pm – Year 1 Concert
10/12/25	10am – Year 4 Concert / 2pm – Year 2 Concert
11/12/25	10am – Year 6 Concert / 2pm – Nursery Concert
12/12/25	10am – Year 5 Concert
15/12/25	School Nurser – Hearing Test
16/12/25	Reception Trip - Wiggleys
17/12/25	Christmas Dinner & Jumper Day
18/12/25	Christmas Disco Day
19/12/25	Elf Day
19/12/25	LAST DAY of TERM – CHRISTMAS HOLIDAY

DATES FOR YOUR DIARY – SPRING TERM 2026

This page will be regularly updated with new dates for events/trips/visits etc.

Keep an eye out for new dates added.

For now, we are sharing the annual dates for 2025-26.

Date	Event
5/1/26	INSET DAY – School closed to pupils
6/1/26	Pupils return to school
13/2/26	HALF TERM
23/2/26	Spring Term 2 – Pupils return to school
27/3/26	End of Term – EASTER HOLIDAYS

CELEBRATION NEWS

Well Done!

Seren y Wythnos awards have been presented to pupils in every class recognised for their use of Welsh. Pupil of the Week awards have been shared for a range of wonderful achievements across the school this week.



These pupils have shared their outside of school achievements -

- Olivia (Y5) - Wave 5 Swimming & Player of the Match - Football
- Evie (Rec) - Wave 1 Swimming
- Sam (Y3) - Wave 2 Swimming
- Sammy (Y5) - Wave 4 Swimming
- Alycia (Y6) - Player of the Match - Football
- Lorena (Rec) - Wave 1 Swimming
- Nola (Y4) - Dancing
- Sivisha (Y4) - Maths
- Tilly (Y2) - Wave 2 Swimming
- Jackson (Y1) - Wave 1 Swimming

FAIR PLAY AWARD



- In discussion with the children, we have introduced a 'Fair Play' Award.
- All staff are keeping an eye out for classes that work positively as a collective and as a team.
- The class that stands out the most throughout each week will be awarded the 'Fair Play Award'.
- They will celebrate with an extra play time in recognition of their collective efforts.
- **This week's winners - the whole school!**
Well done! Chwarae Teg pawb!



SCHOOL MEALS

Week
beginning
10/11/25

Week 1

PRIMARY MENU

WEEK 1

MONDAY

Cod & Salmon Fish Fingers *
Or Broccoli & Tomato Pasta
Herby Diced Potatoes
Baked Beans, Sweetcorn, Garden Peas, Salad
Raspberry Peach Swirl Sponge & Custard

TUESDAY

Beef Bolognese *
Or Falafel Burger
Pasta or Potato Wedges
Mixed Vegetables, Broccoli, Salad
Fruit Yoghurt or Fresh Fruit

WEDNESDAY

Roast Turkey & Stuffing in rich Gravy *
Or Vegetable & Lentil Shepherds Pie
Boiled or Creamed Potatoes
Green Cabbage, Carrots & Diced Swede
Jelly with Strawberry Swirl

THURSDAY

Meatballs in Rich Gravy *
Or Vegetable Sausage
Creamed or Boiled Potatoes
Carrots, Garden Peas, Broccoli, Salad
Fruit Yoghurt or Fresh Fruit

FRIDAY

Fish Fillet *
Or Spinach and Chickpea Curry
Vegetable Rice or Chipped Potatoes
Mixed Vegetables, Sweetcorn, Broccoli, Salad
Mandarin topped Sponge Slice

WEEK 2

MONDAY

Mini Omelette with Pork Sausage *
Or Sweet & Sour Vegetables
Potato Wedges or Vegetable Rice
Baked Beans, Garden Peas, Salad
Eve's Sponge & Custard

TUESDAY

Cod & Salmon Fish Fingers *
Or Vegetable Plant Ball in Tomato Sauce
Pasta or Diced Potatoes/Boiled Potatoes
Broccoli, Garden Peas, Sweetcorn, Salad
Fruit Yoghurt or Fresh Fruit

WEDNESDAY

Roast Pork & Apple Sauce in Rich Gravy *
Or Vegetable Sausage
Creamed or Boiled Potatoes
Green Beans, Swede & Broccoli
Tropical Rice Pudding

THURSDAY

Chicken Fillet in Rich Gravy *
Or Vegetable & Bean Casserole
Boiled or Creamed Potatoes
Carrots, Cabbage, Country Vegetables, Salad
Fruit Yoghurt or Fresh Fruit

FRIDAY

Cheese and Tomato Pizza *
Or Quorn Dippers
Jacket Potato or Chipped Potatoes
Mini Corn Cobs, Mixed Vegetables, Salad
Fruit Muffins or Tutti Fruitti Flapjacks

WEEK 3

MONDAY

Breaded Fish Goujons *
Or Mushroom and Leek Bake
Jacket Potato or Sauté Potatoes
Garden Peas, Sweetcorn, Broccoli, Salad
Toffee Apple Brownies with Fruit Slices

TUESDAY

Meatballs in Tomato Sauce *
Or Southern Style Vegetable Burger
Pasta or Potato Wedges
Mixed Vegetables, Garden Peas, Sweetcorn, Salad
Fruit Yoghurt or Fresh Fruit

WEDNESDAY

Roast Beef with Rich Gravy *
Or Garden Vegetable Pie
Boiled or Creamed Potatoes
Baton Carrots, Cabbage, Swede
Artic Roll and Fruit Wedges

THURSDAY

Pork Frikadellons *
Or Quorn Fillet
Creamed Potatoes or Boiled Potatoes
Baked Beans, Carrots, Garden Peas
Fruit Yoghurt or Fresh Fruit

FRIDAY

Chicken Tikka/Korma *
Or Vegetarian Hot Dogs
Vegetable Rice or Chipped Potatoes
Broccoli, Sweetcorn, Garden Peas, Salad
Strawberry Delight Crunch

September 2025

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

October 2025

M	T	W	T	F	S	S
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

November 2025

M	T	W	T	F	S	S
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2025

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Also served daily:
Fresh Fruit, Wholemeal Bread, Yoghurt, Semi-Skimmed Milk, Water

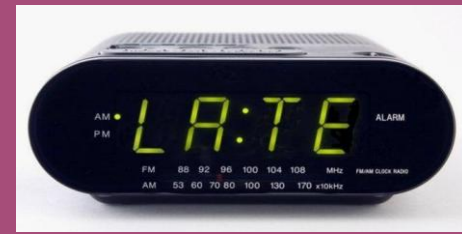
Occasionally due to circumstances beyond our control it may be necessary to change or replace some menu items or ingredients.

Please note our menus/food may contain allergens. We are able to provide allergen information on request or please visit the Bridgend CBC website for more information.

* NURSERY PUPILS

LATENESS

- We have had an increase in pupils arriving late for school. This directly affects their attendance and impacts on the start of their day.
- Our school day starts at 8:55am. That means children should be in school before this time.
- Gates will be open between 8:45–8:55am and closed promptly. After 8:55am you will need to bring your child to the office and sign them in on the iPad.
- If pupils arrive after 9:05am it gets recorded as a late. If they arrive after 9:25am it is recorded as a ‘U’ code which is late after close of register and impacts further on their attendance.



PUNCTUALITY

Getting Your Child to School Really Matters

Did You Know... ?

In a School Year, If Your Child is Late Every Day By...	Your Child Would Have Lost Approximately...	or They Would Have Missed Approximately...
5 Minutes	3.5 Days from School	20 Lessons
10 Minutes	7 Days from School	41 Lessons
15 Minutes	10 Days from School	55 Lessons
20 Minutes	14.5 Days from School	82 Lessons
30 Minutes	22 Days from School	123 Lessons

Please Encourage Punctuality to Maintain Attendance



The school day starts at 8.55 am. The class registers are open until 9.05 am. If a pupil arrives in class after this time, a “Late” mark will be recorded (L). If a pupil arrives after 9.25 am, a “Late after register closes” mark will be given (U). This affects the pupil’s overall attendance and will cause a decrease in their attendance figure.

Any learner who enters the school late will report to the school office where **parents are requested to sign in using the iPad system**. The office will record their name appropriately via SIMS. This will be reviewed with the EWO on their visits.

ATTENDANCE CODES

- / or \ – present
- L – Late (after 9:05)
- U – Late after register closed (after 9:25)
- V – trip or visit
- I – illness (school have been informed)
- M – Medical
- H – authorised holiday
- G – unauthorised holiday

AUTUMN TERM TOPICS



- Nursery – Marvellous Me
- Reception – Houses & Homes
- Year 1 – Out & About in Brynmenyn
- Year 2 – We Are Wales
- Year 3 – The Kingdom United
- Year 4 – Globe Trotters
- Year 5 – Misty Mountain, Rushing River
- Year 6 – The Crown, the Council & the Community



SITE SECURITY - SAFEGUARDING

- If you are waiting in the foyer of the building – by the school office – please DO NOT press the green door release button and let anyone into the building. This is to be done by school staff only. This is in place for safeguarding reasons.
- There is a sign above to remind everyone.
- Thank you for your support



FRUIT TUCK - REMINDER

- All fruit tuck will need to be paid for in advance, either on a weekly or half termly basis. We will not be able to give out fruit that has not been paid for.
Weekly cost = £1.50
Up until the end of this term = £9.00 (up until Christmas)
- Money will need to be sent in an envelope, clearly labelled with your child's name and class/teacher.
- Pupils are still welcome to bring in their own fruit/vegetable snack for playtime.



BIKES & SCOOTERS

- We love it when pupils come to school on their scooters or bikes. It all adds to our Tali Teithio data and helps us to have a positive impact on the environment.
- Polite reminder – We do request that they are only walked on school site to avoid any collisions or accidents.



IN THE KNOW

- As parents, we all want to make sure our children are safe online.
- There is a range of information available to support families on Hwb. Click the link below for guidance about a range of apps.
- [In the know - Hwb](#)



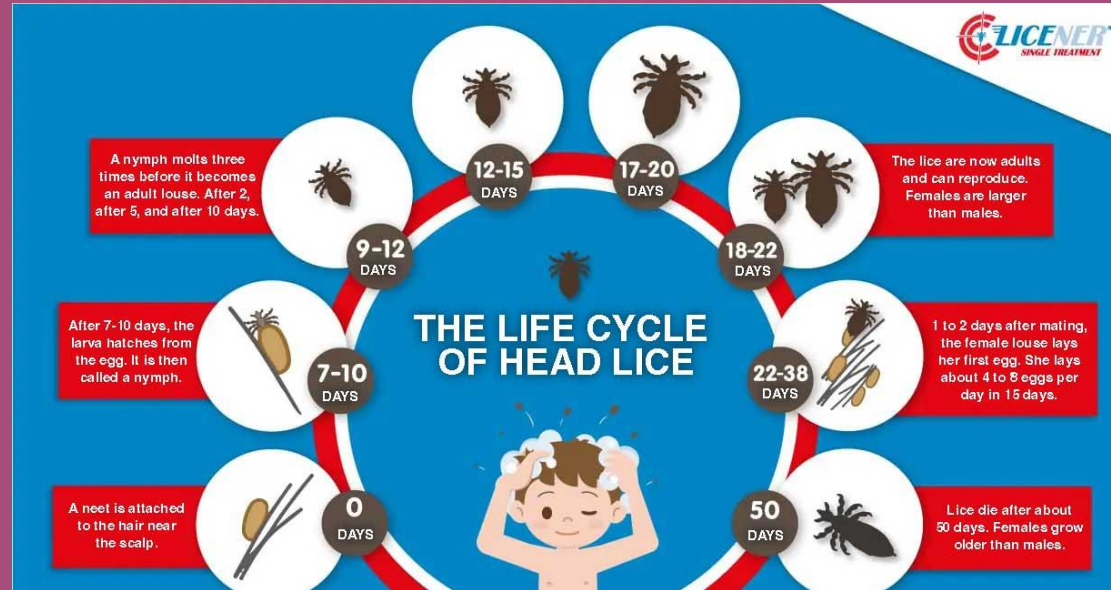
EDULINK INFORMATION

- Before half term we sent out email invitations for our new app Edulink One. With Edulink, you will be able to report absences, track attendance, check school clubs and when the time comes – book parents evening. If you have not yet received this, please send us an email on admin@brynmenynps.bridgend.cymru so we can get it over to you.



HEADLICE

- We have had a few cases of headlice recently.
- Please can you help by checking your child's hair with a headlice comb.
- If needed, use a shampoo specifically designed to eliminate the crawly visitors.
- Advice can be found by clicking on the following link - [Head lice and nits - NHS](#)
- Pharmacies will also offer advice and guidance.
- Thank you for your support.



STAFF CAR PARK

- **POLITE REMINDER**
- If you do not have a school permit to use one of the disabled bays, please do not enter the staff car park at any point.
- We all recognise that parking around school is difficult and request that everyone considers our resident neighbours.
- We have far too many cars accessing the staff car park currently and it is a health and safety hazard.
- AFTER SCHOOL CLUBS – **please use the drop off zone** to collect children attending after school club – school based and Simply After School child-care facility.
- We want to keep our grounds safe. This includes the car parks and how they are accessed.
- THANK YOU FOR YOUR CONTINUED SUPPORT

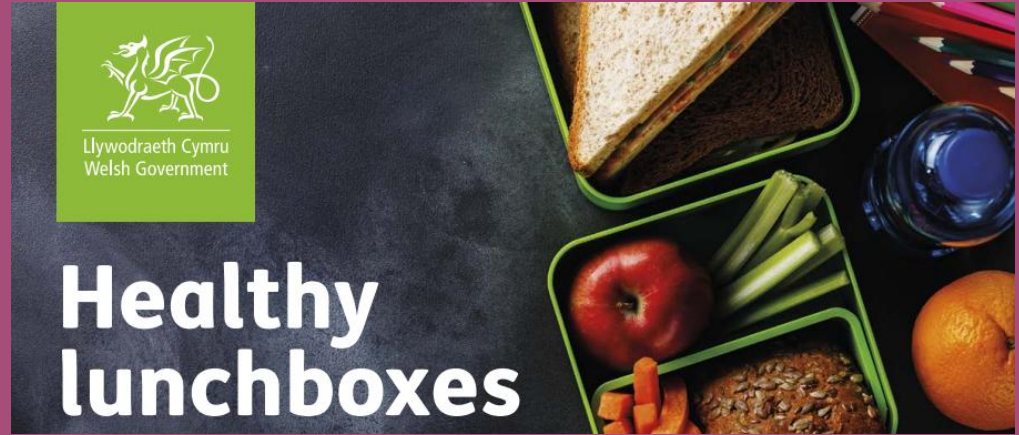


HEALTHY LUNCHBOXES

As part of our work as a healthy school we are required to promote healthy lunchboxes.

Please click on the Welsh Government link below for advice on healthy lunchboxes.

[Healthy Lunchboxes](#)



Top tips

You do not have to use foods produced specifically for lunchboxes. Some foods, such as meat or pasta, taste just as good cold. So how about cooking extra amounts for dinner, keeping the left overs in your fridge, then using them as part of your child's lunch to take to school the next day? You could plan lunches for the week in this way to help you to save money and reduce food waste.

To help you to find healthier options at the supermarket, look at nutrition labels on the front of packs and pick those which have amber or green traffic lights for fat, saturated fat, sugars and salt where possible.

QUERIES OR CONCERNS

If you have a query regarding your child in school or a concern to raise please see the chart opposite for who to speak to.

You can contact the school office on 815850 who will pass the message on to the member of staff or arrange an appointment. They will get back to you as soon as possible.

Step 1

Discuss concerns with class teacher - allow time for it to be resolved.

Step 2

If you are still worried - Discuss concerns with class teacher again or with Mrs Russell - allow time for it to be resolved.

Step 3

If you are still worried - arrange a follow up meeting with Mrs Russell - allow time for it to be resolved.

Step 4

If you are still worried - contact the office to book an appointment with Miss Jones.

HELP & ADVICE

"What's the bravest thing
you've ever said?" asked
the boy.



"Help," said the horse

Below are a number of agencies that can offer help, support or advice.

- ★ Bridgend Women's Aid - 01656 766139
- ★ WCADA (Substance Abuse Charity) - 01656 667717
- ★ Childline - 0800 1111
- ★ Safer Wales - Male Domestic Abuse Charity - 0808 801 0321
- ★ Live Fear Free 24 hour telephone line - 0808 80 10 800
- ★ Citizens Advice Bureau - 01656 762800
- ★ Samaritans - 116123 or email jo@samaritans.org
- ★ Shelter Cymru (financial & home advice) - 08000 495 495
- ★ Al-Anon (Family support for alcoholism) - 0800 0086 811
- ★ Calan (Domestic Violence Charity) - 01639 633580

GENERAL INFORMATION

Start & End Times

Please ensure that your child is in school on time, in readiness for the school start time.

As a reminder the times are below -

All classes start time 8:55 am

(Gates open at 8:50-8:55am)

Finishing times Nursery - 3:15pm

Reception to Year 6 - 3:25pm

Up-to-date Contacts

_Please ensure we have the correct and most up-to-date emergency contact details for your child. If we are unable to contact you or any of the listed contacts, following repeated attempts, we are obliged to contact Social Services for advice.

Notifying of Absence

If your child is unwell and absent from school, please can you contact the office before 10am on the first day of absence. You can telephone on 01656 815850 or email on admin@brynmenynps.bridgend.cymru. Please get in touch with the office rather than through Dojo as those messages might be read after 10am.

Medicines

Please can all medicines be handed in to the office and a form completed so they can be administered safely. Without the form, we are unable to administer. All medicine needs to be in the original packaging.

SAFEGUARDING

If you have any concerns around safeguarding, you can speak to any one of the six Designated Safeguarding Leads in school.

If you have a concern outside of school hours, you can contact the Multi Agency Support Hub on 642320.

Brynmenyn Primary School

If you have a concern regarding a pupil, you must seek advice from a Designated Safeguarding Person immediately.

Safeguarding Governor - Mr P Deenik

MASH Duty Desk - (64)2320

Designated Safeguarding Persons

Miss K Jones



Mrs G Russell



Mr R White



Mrs A Wilcox



Mr T Harris



Mr G Evans



SAFEGUARDING

- If you are concerned about any child please come and speak with anyone of our names designated safeguarding leads on the poster on the previous page or ring on 01656 815850.
- If you feel a child is at risk of immediate harm or danger, ring:
- MASH – 01656 642320
- Out of Hours Emergency – 01443 743665
- Click the link below or click on the image for further information –
- [Multi-Agency Safeguarding Hub \(MASH\)](#)



- If a child makes an allegation of a child protection nature or staff have serious safeguarding concerns we have a legal duty to report it. There is a process which we have to follow and although this may be upsetting for all involved, the process is there to protect all children and/or adults.
- Once a referral has been made it may result in a strategy meeting between multi-agency professionals (STRAT meeting). Depending on the nature of the concerns the outcomes of the strategy meeting could result in involvement by:
 - Children's Services
 - Police
 - Early Help
 - Other support services
- If you or someone you know is struggling please let us know. We are here to help and support you.